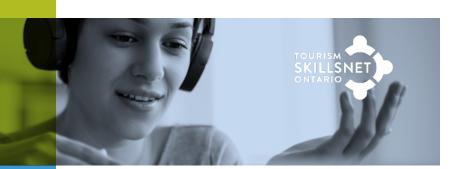
FUTURE-PROOF YOUR BUSINESS WITH OTEC'S NEW RESILIENCY TRAINING SERIES



FREE TRAINING FOR QUALIFYING PARTICIPANTS

THROUGH SKILLSADVANCE ONTARIO
VALUE AT OVER \$1,000+ PER PERSON

THE WORLD IS CHANGING RAPIDLY.
OTEC'S NEW RESILIENCY TRAINING
SERIES WAS DEVELOPED TO ADDRESS
WORKER SKILLS GAPS, AND BUILD A
MORE RESILIENT WORKFORCE WITHIN
THE UNCERTAIN COVID ENVIRONMENT.

SESSION DETAILS

- 4 virtual, instructor-led workshops
- Each workshop is 2-3 hours unless otherwise noted
- Participants must complete all workshops
- Participants will receive a certificate upon completion

BENEFITS

- Improves employee engagement
- Supports worker retention
- Supports employee mental health and builds emotional intelligence

WORKSHOP 1: SERVICE EXCELLENCE WITH COVID (FULL-DAY)

New course teaches how to deliver exceptional service within the "now normal". This course will equip participants with tools to confidently create memorable service experiences and build customer loyalty.

WORKSHOP 2: INTRODUCTION TO EMOTIONAL INTELLIGENCE

New developments and change can leave us feeling overwhelmed. Learn how to lessen the impacts of our emotions and build self-awareness to better navigate these changing times.

WORKSHOP 3: STRESS MANAGEMENT

The pandemic has created higher levels of stress and anxiety in our daily lives. Learn about stress, its impacts during the pandemic, and positive lifestyle and coping practices.

WORKSHOP 4: CONFLICT MANAGEMENT

Learn how to deal with conflict, avoid and resolve conflict using emotional intelligence, and develop a conflict strategy.

WHO SHOULD ATTEND

Tourism and hospitality businesses are invited to nominate their full-time, part-time and furloughed employees who have demonstrated potential for advancement and/or retention.

Please note, business owners and those in senior management positions are not eligible.

PLEASE CONTACT US TODAY

FOR MORE INFORMATION OR TO REGISTER!

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